

Checklist - Steps to follow for distance or face-to-face studies

- As a student, communicate with your research, program or module director to find out if you can travel or if you have to take your courses remotely
- Make sure that your research, program or module director communicates with the international student advisor via sae-international@uqat.ca to let them know if the trip is necessary or not and if there are distance courses
- Make sure that your research, program or module director knows the name of the international student advisor who will accompany and inform you throughout the process

If there is **travel to Quebec**:

- Have drawn up a quarantine plan
- Communicate with the international student advisor to plan your arrival (and inform them of your quarantine plan)
- Send your immigration documents (CAQ and study permit) to the international student advisor on site
- Communicate with a member of UQAT staff related to your study project (your research, program or module director, the technician or the executive secretary) to proceed with your registration
- Ensure that UQAT is on the list of [institutions authorized to receive international students](#) (list which may be called upon to evolve)
- Use [ArriveCan](#) and submit certain information digitally before your arrival, but also after your entry into Canada. [Click here to know more](#)

If the **studies are done remotely**:

- Send your immigration documents (CAQ and study permit) to the international student advisor by email: sae-international@uqat.ca
- Communicate with a member of UQAT staff related to your study project (your research, program or module director, the technician or the executive secretary) to register for remote courses
- Communicate with the international student advisor to plan your eventual arrival
- Reflect on and write up your quarantine plan with a view to a potential arrival in the summer or fall of 2021 (by communicating with the international student advisor)